

9 behaviors that show your child is looking for connection

ASKING LOTS OF QUESTIONS

TALKING WAY TOO MUCH

CRYING OR FUSSING

IMITATING YOU

BIG EMOTIONS ABOUT SMALL THINGS

ASKING YOU TO PLAY

SAYING, "WATCH ME" OVER AND OVER

BEING VERY CLINGY

TRYING TO HELP YOU



When toddlers seek connection, parents should respond with undivided attention, physical affection, and validation of their feelings. Engaging in shared activities, communicating openly, and establishing routines and rituals also strengthen the parent-child bond. Patience and empathy are essential in understanding toddlers' needs and emotions. By creating a warm, nurturing environment and consistently showing love and support, parents can build a secure attachment with their child, fostering healthy development and relationships.

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